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A top selling quick meal resource, Weight Watchers 5 Ingredient 15 Minute cookbook shows you how to create delicious diet recipes using just a hand

Weight watcher's five ingredients 15 minute

I made a non-weight watchers version of this dessert for father's day. I had seen the recipe floating around for a few years and wanted to try it.

Weight watchers five ingredient 15 minute

Points value: 6 Prep: 3 minutes Cook: 11 minutes A traditional shepherd's pie takes over 1 hour to prepare and cook. This recipe takes only 14 minutes from start to

Calories in weight watchers 5 ingredient 15 minute

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Skillet Shepherd's Pie Points value: 6 Prep: 3 minutes Cook: 11 minutes A traditional shepherd's pie takes over 1 hour to prepare and cook.

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Jan 07, 2009 This recipe comes from a 5 Ingredient 15 Minute Weight Watchers book from about six years ago. It is so easy and so yummy!

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