

**Weigh Less, Live Longer: Dr. Lou Aronne's "Getting  
Healthy" Plan For Permanent Weight Control By Louis  
J. Aronne**

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Louis J. Aronne is an American physician and author who is an internationally recognized obesity specialist. He is widely relied upon and quoted in the news media as

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### **Louis j. aronne (author of the skinny) -**

Louis J. Aronne is the author of The Skinny (3.35 avg rating, 62 ratings, 13 reviews, published 2009), Weigh Less, Live Longer (3.80 avg rating, 5 rating

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