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Michael Moody**

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About Michael Moody: Michael Moody is the former fitness expert on NBC's The Biggest Loser/MSN Chicago tour. The owner of a successful Chicago personal

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## **Whitcoulls**

Surrendering to Yourself: Michael R Holley, Elizabeth Pace, The Simple Guide to Happiness. Michael Moody. Paperback. \$27.95.

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Ebook Summary. Author: Michael Moody. Release date: February 18, 2015. Summary: Redefine Yourself is the answer to your perpetual failure to achieve the happiness and

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