

**A Monastery Within: Tales From The Buddhist Path By  
Gil Fronsdal**

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origin, pronunciation, numerology, A Monastery Within: Tales from the Buddhist Path Gil Fronsdal is a practicing Buddhist of the Soto Zen and

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Gil Fronsdal (born 1954) has been Gil (2010). "A Monastery Within: Tales from the Buddhist Path The Dhammapada: A New Translation of the Buddhist Classic with

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Gil Fronsdal is the primary teacher for the Insight Meditation Center in Redwood City, California. He has been teaching since 1990 and has practiced Zen and Vipassana

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Definitions of Gil Fronsdal, synonyms, Gil (2010). "A Monastery Within: Tales from the Buddhist Path," Tranquil Books. ISBN 0-9845092-1-6. Fronsdal, Gil (2002

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Faculty Gil Fronsdal has practiced Zen and vipassana since 1975 and has a Ph.D. in Buddhist Studies from A Monastery Within: Tales from the Buddhist Path,

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